



Overall Results - Male 50-59

22 March 2010

No.	Bib #	Last Name	First Name	Age	Gender	Team	Finish Time
1	145	Bacher	Dave	54	Male		09:27
2	2653	Rumpeltes	John	54	Male	Team Blue Cheese	10:00
3	1040	George	Douglas	50	Male	Team Collaboration	10:02
4	1242	Hart	Brad	51	Male	Team Gullberg	10:21
5	88	Andrews	Tony	50	Male		10:23
6	2964	Stone	George	53	Male		10:33
7	2869	Sleight	Craig	53	Male	Alaska Airlines	10:46
8	6647	Broznowski	Tom	51	Male	Siemens Caring Hands	10:58
9	2397	Poe	Russell	52	Male	Zoners	11:00
10	2424	Pottle	John	51	Male		11:03
11	741	Diekema	Doug	51	Male		11:17
12	3106	Totah	Jason	50	Male	Alpha Martial Arts	11:17
13	342	Bradford	Tim	52	Male	Indomitable Nico	11:18
14	399	Brubeck	Don	58	Male	Team Collaboration	11:25
15	1486	James	Michael	53	Male		11:34
16	2320	patton	brian	51	Male	BodySchock Peeps	11:43
17	1613	Khajavi	Jamshid	56	Male	Gatzert	11:48
18	2750	Schrempp	Glenn	54	Male	Stair Shrimps	11:49
19	2814	Shibley	James	54	Male		11:49
20	1836	Lovitt	Mark	53	Male	Monkey Business	11:51
21	632	Corcoran	Tom	58	Male	West Coast Climbers	11:57
22	850	Erickson	Brian	51	Male	4 Da funuvit	11:57
23	2488	Ramos	Bill	53	Male	No Vacant Stares	12:02
24	1624	Kim	Ji	52	Male		12:02
25	78	Anderson	Mark	53	Male		12:07
26	2344	Perham	Duane	52	Male		12:12
27	788	Duchow	Matthew	50	Male	Wall Climbers for a Cure	12:13
28	1265	Hayes	John	56	Male	Puyallup Valley Dental Care	12:14
29	3167	Van Alen	Derek	51	Male		12:16
30	612	Connolly	Michael	50	Male	Agoge Crossfit	12:17
31	513	Cates	Ken	55	Male		12:18
32	1991	McDevitt	Jerry	57	Male	Team Blue Cheese	12:24
33	2484	Rainey	Matt	52	Male	Team Jonathan	12:25
34	1034	Gaynor	Scott	51	Male	ABC-R	12:25
35	940	Fogarty	Jeff	56	Male	Team Marpac	12:27
36	2247	Ollivier	Richard	52	Male		12:27
37	1994	McDonald	Ken	51	Male	McClimbers	12:27
38	2475	Rademacher	Rob	50	Male		12:27
39	1439	HUMMEL	MARK	54	Male	Climbing For Caleb	12:29
40	789	Duester	Carl	52	Male	The Ascenders	12:30
41		Bradley	Jim	59	Male	Riley Athletics	12:37
42	6667	Lacer	Don	51	Male	Upwardly Mobile	12:39
43	2411	Porter	Richard	59	Male		12:45



Overall Results - Male 50-59

22 March 2010

No.	Bib #	Last Name	First Name	Age	Gender	Team	Finish Time
44	1107	Graff	Tom	50	Male	Ewing & Clark Stairship Destroyers	12:46
45	1544	jones	doug	55	Male		12:48
46	111	Arndt	David	51	Male	One step at a time	12:50
47	74	Anderson	Hamish	54	Male	Erin Blake & HFK Climbers	12:53
48	3276	Watts	Lyn	59	Male	social climbers	12:56
49	498	Carosella	Charles	57	Male	Seattle Athletic Club Northgate	12:56
50	793	Duke	Jeff	51	Male	Pilchuck Veterinary Hospital and Friends	12:57
51	541	cheung	michael	52	Male	Lake Washington Rowing Club	12:58
52	1867	macgregor	kal	50	Male	kals klimbers	13:01
53	597	Colley	David	55	Male	Team Collaboration	13:02
54	1603	Kenney	Barry	50	Male	The Motley Crew	13:02
55	1276	Hedges	Dan	52	Male	Project Trevor	13:04
56	1154	Gunter	Cristopher	51	Male	Team Collaboration	13:04
57	2090	Monroe	Mark	53	Male	Team Lowell's	13:09
58	1074	Gleim	Kevin	52	Male	Graham CrossFit	13:09
59	320	Boskovich	Steve	56	Male	No Vacant Stares	13:10
60	1106	Gould	Bill	53	Male	Greensource	13:11
61	6597	Hori	Mike	53	Male	Team Apple	13:11
62	2289	Oxley	David	53	Male	PATH to Victory	13:12
63	6646	Francis	Steve	57	Male		13:14
64	2934	Stanczak	Ted	50	Male	Leather Care	13:15
65	2130	Morrison	Chris	52	Male	Zigs Keltic Klimbers	13:16
66	241	Berg	David	50	Male	Project Trevor	13:17
67	1630	Kimbell	Jeff	50	Male		13:17
68	532	Chase	Skip	58	Male	Mt Baker CrossFit	13:20
69	1618	Kiekhaefer	Wade	53	Male	1 GR8 Ascent	13:28
70	2330	PeBenito	Anecito	50	Male	Team Footfire!	13:29
71	959	Fox	Jon	54	Male	Team Lisa A	13:31
72	116	Asbridge	Michael	51	Male	Team Rock	13:35
73	3127	Treffry	Jim	51	Male	69 up no elevator	13:35
74	6491	Menchofer	Dale	51	Male	Team Weebles	13:38
75	495	carlson	shane	55	Male	Team Blue Cheese	13:41
76	97	Anschell	Andrew	56	Male		13:47
77	1308	Herold	John	54	Male	Clerk's Climbers	13:51
78	1023	Gardner	Bruce	52	Male	Siemens Caring Hands	13:54
79	2092	Montgomery	Tom	54	Male	X Gym	13:58
80	2902	Solseng	Ed	51	Male	NorthWest Kettlebell	14:00
81	519	Celis	Pedro	50	Male		14:06
82	1234	Harrington	Steve	51	Male	Illahee	14:07
83	1014	galvanin	don	58	Male	Alaska Airlines	14:09
84	1325	Hill	Steve	54	Male		14:11
85	2213	Nilsen	Jim	55	Male	Federal Way High School	14:19
86	2195	Newman	David	56	Male	Vertical Victors	14:20



Overall Results - Male 50-59

22 March 2010

No.	Bib #	Last Name	First Name	Age	Gender	Team	Finish Time
87	3071	Thornton	Perry	54	Male	Up to No Good	14:20
88	3479	Nelson	Dan	52	Male		14:20
89	1452	Huxley	Rick	58	Male	Team Collaboration	14:21
90	801	Duplessis	Gregory	54	Male	Frankie Fans 2010	14:22
91	2815	Shier	Shane	56	Male	Puyallup Valley Dental Care	14:23
92	3375	Winter	Ron	54	Male		14:23
93	2882	Smith	Reuben	53	Male	Monkey Business	14:23
94	1545	Jones	Edward	52	Male		14:23
95	1056	Giles	Richard	50	Male	LAST PLACE	14:24
96	1406	House	Mark	51	Male	Team Pyramid	14:25
97	640	Coughlin	Jim	52	Male	Team Collaboration	14:26
98	1637	King	Scott	52	Male		14:26
99	2473	Radcliffe	David	50	Male	Rainier CrossFit	14:28
100	99	Antonio	Ben	59	Male		14:29
101	2933	Stallman	Donald	51	Male	Nellie Brooke	14:30
102	2705	Sangalang	Ron	52	Male	Illahee	14:33
103	1838	Lowe	Larry	55	Male		14:35
104	1756	Lawrence	Guy	50	Male	TOPS to the Top	14:41
105	278	Blanchard	Robert	56	Male		14:44
106	3088	Titus	Damon	50	Male	69 up no elevator	14:47
107	2003	McGoun	Craig	55	Male	Gettin' After It	14:49
108	3410	Wrenn	Heaton	52	Male	CrossFit Eastside	14:50
109	881	FARRELL	TERENCE	55	Male	Team Xerox	14:52
110	6732	Galletly	Paul	50	Male		14:52
111	6757	Thompson	Scotty	51	Male		14:54
112	82	Anderson	Randy	52	Male	Seattle Athletic Club Northgate	14:57
113	2868	Sleath	Paul	53	Male	Team Dharma	15:00
114	2047	Meyer	Robert	57	Male	Ewing & Clark Stairship Destroyers	15:03
115		Hunziker	Dave	53	Male		15:11
116	490	Carlow	William	50	Male	Project Trevor	15:11
117	1465	Ingersoll	Tony	55	Male	Kirkland CrossFit	15:20
118	786	Duba	Bruce	50	Male	CrossFit Eastside	15:25
119	1334	Himmel	Rick	51	Male	Team Collaboration	15:26
120	1812	Lockwood	Martin	51	Male		15:26
121	2339	Peltzer	Robert	53	Male	Climbing For Caleb	15:38
122	2599	Rockenstire	Ed	53	Male	Team Rock	15:42
123	2608	Roe	John	56	Male	Back in the Day @ CP	15:51
124	1168	Halas	John	59	Male	Team Love	15:52
125	201	Baumgartner	Tim	53	Male	Climbing For Caleb	16:03
126	336	Boze	David	53	Male	Seattle Crossfit	16:03
127	6591	Lovatt	John	51	Male	Team Charlie/Extreme Fitness	16:04
128	1979	McCoy	Doug	52	Male	Six Pack Attack	16:06
129	3398	Wooden	Randy	50	Male	Columbia Distributing	16:07



Overall Results - Male 50-59

22 March 2010

No.	Bib #	Last Name	First Name	Age	Gender	Team	Finish Time
130	1123	Griffin	Mark	51	Male	No Vacant Stares	16:15
131	1720	Kurtz	Bern	55	Male		16:16
132	2961	Stokes	Thomas	56	Male	No Vacant Stares	16:18
133	1316	Hieronimus	Scott	53	Male	Team Triangle	16:19
134	2718	Schade	Gregg	50	Male	1 GR8 Ascent	16:21
135	1922	Martirosian	Heikas	54	Male	Team Topeka	16:23
136	217	Behrens	Kevin	55	Male	kals klimbers	16:26
137	56	Alley	Steve	52	Male	BodySchock Peeps	16:31
138	6629	Gadd	Danny	52	Male	Team Love	16:31
139	2005	McGuire	Les	57	Male	S3 Maritime	16:41
140	1462	Ingalls	Raymond	50	Male	ABC-R	16:41
141	583	Cobb	Jeff	51	Male	S&M's	16:42
142	3060	Thomas	Roy	56	Male	Illahee	16:44
143	2303	Paranjpye	Niranjan	59	Male	Team Rock	16:46
144	2625	Rosapepe	Jay	56	Male	Flaming Flamingos	16:47
145	3225	Wajda	Dennis	59	Male	Team Xerox	16:52
146	3252	Wandrey	Lawrence	58	Male	Team Tachy	16:57
147	2871	Slyngstad	Greg	54	Male	Team Slyng	17:01
148	724	DeMatteo	Marc	51	Male	Illahee	17:13
149	800	Dunnigan	Jim	51	Male	Montlake Elementary!	17:18
150	2035	Merriam	Troy	57	Male		17:20
151	3128	Trenda	Larry	57	Male	Team PSF	17:21
152	2427	Poupore	Walter	51	Male		17:33
153	2490	Rann	Mike	51	Male	Maximum Overdrive	17:34
154	2002	McFarland	John	51	Male		17:48
155	322	Bourdeau	John	53	Male	X Gym	17:58
156	177	Barker	Doug	50	Male	4 Years of this???	18:08
157	1519	Johnson	Darrel	59	Male	Mt Baker CrossFit	18:16
158	3431	Young	Jim	58	Male	Climbing For Caleb	18:26
159	3227	Wald	Lou	56	Male	Kirkland CrossFit	18:29
160	2828	Silverthorn	Larry	56	Male		18:48
161	1126	Griffin	Raymond	51	Male	Frankie Fans 2010	18:49
162	2063	Miner	Jay	52	Male	Alaska Airlines	18:50
163	2892	Snow	Mark	50	Male	Team VALIANT!	18:51
164	2294	Page	Jim	53	Male	Flight or Fight	18:58
165	298	Bohn	Donald	52	Male	Project Trevor	19:06
166	2231	Nouar	Fedil	50	Male	Frankie Fans 2010	19:30
167	2672	Saito	Michael	55	Male	The Retreads - powered by ORB Architects v2.0	19:43
168	594	Colgan	Dennis	59	Male	I got a fever	19:50
169	3004	Suver	joe	52	Male	Climbing For Caleb	20:15
170	1987	McCully	Steve	57	Male	Illahee	20:21
171	934	Flores	Frank	59	Male	The Va Spa	20:27
172	1580	Katzeek	Dennis	59	Male	Team OCC	20:42



Overall Results - Male 50-59

22 March 2010

No.	Bib #	Last Name	First Name	Age	Gender	Team	Finish Time
173	1180	Hallstrom	Carl	50	Male	Illahee	21:00
174	2627	Rosapepe	Susan	55	Male	Flaming Flamingos	21:10
175	607	Condon	Gene	50	Male	Seattle Liquid Utility Team	22:03
176	2210	Niero	Andy	53	Male	High Tower ~ Hice Power	22:06
177	1693	Kraabel	Tom	51	Male	Kraabel Climbers	22:57
178	3257	ward	gary	50	Male		23:29
179	3372	Winn	John	52	Male	Kirkland CrossFit	23:38
180	6534	Antony	Chris	55	Male	Vertical Victors	24:06
181	3211	Vogan	Jeffrey	54	Male	"WHICH WAY TO THE ELEVATORS???"	24:07
182	2435	Prest	Ron	58	Male	Indomitable Nico	24:50
183	529	Charles	Darrell	50	Male	Team Chaos	25:27
184	1005	Gale	Robin	54	Male	Blood Angels	29:31
185	545	Chiozza	Carole	51	Male	Nellie Brooke	30:47
186	2262	Olson	Steve	52	Male	Illahee	32:07
187	143	Bach	Alan	51	Male		33:43